



Other Ways You Can Use Pro-Dosa BOOST

With the rules of racing or competition quite variable from place to place and changing all the time, it is very important to consider the specific regulations that apply to you, in your sport, and in your part of the world before feeding Pro-Dosa BOOST according to label directions. If you are not allowed to “administer” anything on the day of racing or competition, consider the other ways and times you might be able to incorporate Pro-Dosa BOOST in your management system to ensure your horses are at their best when training, competing, and travelling.

1. Feed Pro-Dosa BOOST rather than applying it to your horse's tongue.

Pro-Dosa BOOST is comprised of a broad range of highly purified nutrients, in good balance with each other, and in quantities that reflect the increased requirements horses have when they are under the stress of hard work, illness, or travel. It is designed to support normal metabolism, health, performance, and recovery. The *composition*, therefore, is not a problem for horses racing or competing in equestrian sports.

The *route* of administration can be an issue in some racing jurisdictions. In many countries, Pro-Dosa BOOST can be applied on the tongue, directly from the tube. In some, NOTHING can be administered on the day of racing; not even water. In those places, horses can often be provided with Pro-Dosa BOOST mixed in their feed. It is in a molasses gel, so most horses will eat it happily enough when offered in that manner. In others, it can be fed on the feed on race day, but only if it is normally fed between races as well. Please check your administration rules before deciding how to incorporate Pro-Dosa BOOST into your management system.

If you can't even feed it on race day, Pro-Dosa BOOST can still be useful in managing your horses.

2. Use Pro-Dosa BOOST to support recovery from work prior to racing.

Give a half or a full tube of Pro-Dosa BOOST immediately after the last fast-work prior to racing. You can adjust the quantity depending on how hard the horse has worked, the needs of the individual horse, the climate, and how far they will travel, or how challenging race day will be.

Good horses and problem horses will usually benefit from a full tube. Horses that do well, no matter what you do with them, will mostly be fine with a half. If you aren't allowed to feed Pro-Dosa BOOST on race day, give the full tube post workout.

This portion will help to ensure that horses will recover more completely from their last fast-work before racing. Studies have shown that it can take up to four days for muscles to recover from hard work, and many horses will have their last fast-work session only a couple of days before racing.

Muscle cells take up amino acids much more efficiently for about an hour after hard work. If you can get a broad range of amino acids, in appropriate ratios for protein synthesis, into them during this narrow window of opportunity, you can make a difference to muscle cell recovery. Think of it like the protein shake a body builder would have after they finish a workout at the gym.

Of course, Pro-Dosa BOOST isn't just amino acids. It also contains electrolytes, vitamins, and trace-minerals. Pro-Dosa BOOST contains the nutrients necessary to support normal appetite, nerve cell function, red blood cell production, muscle cell recovery, and electrolyte balance.

3. Use Pro-Dosa BOOST to help horses in hard work to maintain normal appetite, body condition, and performance over a long season.

Give a half or full tube of Pro-Dosa BOOST immediately after each fast-work. Most trainers use Pro-Dosa BOOST this way in their horses. They believe they get more starts per preparation and more consistent performance throughout the season. For horses that struggle to maintain body condition during a long season, using Pro-Dosa BOOST this way can help to keep them eating normally, support muscle cell recovery, and help them to maintain muscle mass.

4. Use Pro-Dosa BOOST to help horses recover from a race.

Give a half or full tube of Pro-Dosa BOOST immediately after returning home from a race.

While you may be outside the window for making the biggest difference to muscle cell recovery, you can still make a difference to how well your horse will eat, drink, replenish reserves, and recover.

Horses that have a hard run may not eat up well, and if they don't eat, they won't back up well. Pro-Dosa BOOST will support normal appetite and encourage them to clean up their feed when they get back home or to their stable. If you are allowed to feed them a syringe of BOOST prior to racing, they won't need this dose afterwards. If you can't feed them Pro-Dosa BOOST before racing, be sure to give this post-race dose when you get home.

5. Use Pro-Dosa BOOST for travel.

Give a full syringe of Pro-Dosa BOOST prior to travel, and for longer journeys, give a syringe upon arrival.

We recommend Pro-Dosa BOOST for travel, especially when travelling over a long distance or over multiple days. Always have fresh water available and make regular water stops along the way. (Please consider any rules of competition that may apply before feeding Pro-Dosa BOOST as directed).

Providing your horse with one tube of Pro-Dosa BOOST, at least 2 - 4 hours prior to loading them on the float (or if you are leaving early in the morning, it can be given the night before, instead), will help them arrive at your destination in the best possible condition. If travel exceeds 8 hours, give another portion upon arrival, as long as that doesn't contravene your rules of competition.

Using Pro-Dosa BOOST before travel will not only help protect muscles from oxidative muscle cell damage during travel, but it will also help support normal appetite. This can be especially important when horses are to be stabled away from home, in a new environment. This is ideal for horses traveling further afield and when racing in big campaigns.

6. Use Pro-Dosa BOOST the day before racing.

From our cobalt clearance study, we found that Pro-Dosa BOOST had an impact on horses for around 18 hours; much longer than the 8-12 hours we had originally expected. If you are able to give a dose of Pro-Dosa BOOST the night before racing, you could reasonably expect the same results as you see when feeding it on race day. Please check the rules of competition that apply to you.

7. Use Pro-Dosa BOOST as a health tonic.

Provide half a tube every other day to horses that may require more nutritional support when under the stress of illness.



"I have been using Pro-Dosa BOOST on all of my horses trained in Hong Kong. It is extremely beneficial after a hard gallop and as a pre and post-race treatment. When compared to any similar product, Pro-Dosa BOOST has far more vitamins, amino acids, potassium and trace elements than any product offered on the market. I have found Pro-Dosa BOOST to be extremely beneficial to bad doers, bringing them back on to their feed in no time at all. It is a product that I keep well stocked in my stable and has stood the test of time here."

David Ferraris – Racehorse Trainer – Hong Kong

