



Dear Endurance Competitor,

I am pleased to have this opportunity to tell you about Pro-Dosa BOOST, a comprehensive, balanced, bioavailable, multi-nutrient paste I formulated to replace essential nutrients lost in training, racing, transport, or stress.

I am an equine veterinarian, who has spent more than 20 years focusing on the diagnosis and management of lameness, nutrition, and performance problems in competitive horses. About 17 years ago I began thinking about the pitfalls associated with common treatments used in the pre-, mid-, and post-competition management of racehorses, equestrian sport horses, and endurance horses. Horsemen travelling and competing at an elite level are generally very conscientious about preparing their horses for the stresses they will encounter. They routinely administer electrolytes by stomach tube, along with various amino acid, vitamin, trace mineral, and iron solutions by injection. These practices, however, are relatively expensive and can themselves be stressful for horses. Additionally, supplementation with individual nutrients often results in imbalances that impair their absorption and usefulness. Endurance competitors have traditionally given similar pre-travel or pre-race treatments but have also given additional electrolytes in feed offered during holds between race loops. This often results in lower feed consumption and uncertain electrolyte intake which, in turn, adversely affects performance, gut motility, and metabolic parameters later in races.

I wanted to find a safe, efficient, effective, and inexpensive alternative that would better support optimal health, performance, and recovery. I began considering the idea of a scientifically formulated, complete, balanced, rapidly absorbable, and bioavailable nutrient paste that horsemen could administer themselves, with minimal stress for the horse and cost for the owner. As nothing was available internationally that met these requirements, she developed Pro-Dosa BOOST.

For more than a decade now, Pro-Dosa BOOST has been used effectively in all types of horses, competing in a wide variety of sports including dressage, show jumping, eventing, polo, mounted games, flat, nation hunt, harness, and endurance racing. Horsemen and veterinarians have found it to be useful in supporting normal appetite, thirst, muscle and nerve cell function, red blood cell production, performance, and recovery.

While each endurance stable adjusts the protocol to suit their own horses and race conditions, most give a full or half tube after their last long training ride before a race to ensure their horses recover well from training. Then, they give a full tube prior to travelling to the race or 4-8 hours before their start time. Depending on the level of competition, the climate, and the horse, most horsemen give a half or a full tube of Pro-Dosa BOOST between each loop in the race while using no other electrolytes, small amounts of table salt, or reduced doses of their normal electrolytes. Most horsemen report that their horses are calmer and have consistently lower heart rates by two to three beats. They seem to hydrate better and start drinking earlier in the race. Energy levels and recovery are markedly improved.

Pro-Dosa BOOST contains no banned substances and requires no withholding time for drug testing.

Please feel free to contact me with any further questions or feedback.

Kind Regards,

Dr Corinne Hills